

HS VARSITY CLASSIC TEAM PROHIBITED SKILLS

A deduction of up to 1 point per judge will be given for the inclusion of the following prohibited skills

URNS

- ♦ Maximum of 2 rotations in a pirouette
- ♦ No changing spots of any kind
- ♦ No A La Seconde turns of any kind

LEAPS

- ♦ No switch leaps of any kind
- ♦ No 540 Jumps

ACRO

- ♦ No hip-over-head skills of any kind. Including those with hand or partner support

Examples: Cartwheel, walkovers, headsprings with hands, handstands

Classic Division

1. At ShowTime events, we will continue to have our standard classifications for the high school varsity teams (XS, Small, Medium, Large, and Super).
2. **We have added a CLASSIC division as an additional option for high school varsity teams only.**
 - Teams with minimal experience looking to compete against other teams of comparable ability and skill level could be considered for the CLASSIC division.
 - Classic division could be further divided by size of team, if the number of Classic teams warrants it.
 - CLASSIC teams will be eligible for Sweepstakes, Judges Awards, Classic Best in Category, Applause, and Classic Grand Champions. Not eligible for Best of the Best nor Supreme.
3. Directors will be expected to select the division that best suits their team prior to the start of contest season and remain in that division for the duration of the season.
 - Teams will not be permitted to change classifications four weeks prior to each contest.
 - If a director would like to switch their team from CLASSIC to their standard team size at a subsequent contest, this will be discussed on a case-by-case basis.
4. Comply with the choreography prohibited skills list