



Regionals

1/20 Pink

Solo Competition

Points

APPEARANCE (10 Points) <input type="checkbox"/> Appropriateness & Effectiveness of Uniform <input type="checkbox"/> Neatness, Grooming, Makeup, Hair, Lipstick, Jewelry <input type="checkbox"/> Posture, Chins up, Shoulders down, Lift <input type="checkbox"/> Physical Appearance	
CHOREOGRAPHY & MUSIC (40 Points) <input type="checkbox"/> Variety & Interest <input type="checkbox"/> Difficulty <input type="checkbox"/> Originality & Creativity <input type="checkbox"/> Change of Tempo, Pauses, Definition Between Steps <input type="checkbox"/> Use of Floor Space, Patterns, Levels <input type="checkbox"/> Music Appropriateness & Routine Compatibility <input type="checkbox"/> Too Repetitive <input type="checkbox"/> Transitions	
TECHNIQUE & EXECUTION (40 Points) <input type="checkbox"/> Flexibility <input type="checkbox"/> Execution of Difficult Steps <input type="checkbox"/> Control: arms, legs, head <input type="checkbox"/> Balance <input type="checkbox"/> Kick Height & Technique <input type="checkbox"/> Body Extension <input type="checkbox"/> Turning & Spotting <input type="checkbox"/> Spotting <input type="checkbox"/> Relevé <input type="checkbox"/> Graceful Hands <input type="checkbox"/> Movements <input type="checkbox"/> Finishing, Sharpness, Energy <input type="checkbox"/> Foot Closure <input type="checkbox"/> Passé, Points, Leaps <input type="checkbox"/> Leap Technique: Height, Point <input type="checkbox"/> Leap Extension: arms, legs <input type="checkbox"/> Arms <input type="checkbox"/> Leg extension	
SHOWMANSHIP & PROJECTION (10 Points) <input type="checkbox"/> Smile/Dropped Smiles <input type="checkbox"/> Confidence <input type="checkbox"/> Eye contact, eyes off floor, focus <input type="checkbox"/> Enthusiasm, Sparkle <input type="checkbox"/> Change of Expression <input type="checkbox"/> Audience Appeal	
85-100 = I Superior - Means Needs Work 80-84 = II Excellent √ Means Good 70-79 = III Good 60 - 69 = HM Honorable Mention	Total
Time: _____	Judge #

Today you are being judged by two judges on one scoresheet & one video critique.